

**18 67 80**  
Average Contents  
**650** Seeds

"Growing vegetables can be fun and very rewarding. Not only do you get that 'fresh from the garden taste', but also genuine health benefits, since freshly picked vegetables are the highest for vitamin content. Try my organically produced seed and get a taste for gardening"

*Alan Titchmarsh*


- Organically produced seed
- For window sill or garden

Sow     Plant out     Harvest

Year 1												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Year 2												

**sowing & growing**  
Sow thinly direct into finely raked, moist, warm soil at a depth of 13mm (½"). Thin seedlings to 15cm (6") between plants. Water regularly during summer. Cut the stems to 2.5cm (1") above soil level when harvesting. This will encourage new shoots. Plants can also be grown in pots or containers on the kitchen windowsill or in the greenhouse for winter use.

**quality control:** This seed has been carefully tested to ensure high germination. Prior to use, store in a dry cool place.



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**SUTTONS**  
PRODUCED UNDER LICENCE BY SUTTONS SEEDS, PAIGTON, DEVON.  
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