

# The Enchanting Foxglove

*Digitalis x mertonensis*

The world in your garden

eden project



Apr  
Jul

Jul  
Sept

100cm  
(39")


14 13 12

average contents:  
130 seeds

Sow: Apr-Jul  
Flowers: Jul-Sept  
Height: 100cm (39")

The Enchanting Foxglove

*Digitalis x mertonensis*



Native to Europe, Asia & North-West Africa

Foxgloves are thought of very much as a British 'cottage garden' plant but in fact they are native to Europe, Asia and north-west Africa. The name 'Foxglove' means 'finger-like' a reference to the shape of the flower. Aside from being an attractive plant in flower, an extract from the plant has been used over the years to treat heart disease, which is perhaps surprising as the plant and seed of the foxglove are poisonous if eaten. In past times, this earned the plant the unfortunate name of 'Dead Man's Bells'.

**How to grow:** This *Digitalis* is a Hardy Perennial i.e. flowers year after year. Sow in pots or trays of firmed, moist, quality compost on a windowsill or in a greenhouse at approx 15-20°C (60-68°F) pressing the seed lightly into the compost surface. Do not exclude light or allow to dry out. (Germination 15-20 days) Transplant seedlings into trays and grown on. Plant out in the autumn, 30-45cm (12-18") apart to flower the following year.

NOTE - Seeds/plants toxic if eaten.



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Suttons Seeds Paignton, Devon, England  
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